



THERA[®]
TRAINER

Targeted promotion of activity and mobility

Functional recovery via intensive repetitive
movement exercise

What are the benefits of movement training?

Movement training is the primary means of increasing patient mobility and activity during rehabilitation and improves your patients' quality of life.



“Many patients do not have the opportunity to be active enough because of insufficient walking ability. Those who can walk often remain impaired in their daily activities due to a low walking speed, as well as reduced strength and endurance. These patients cannot meet the high energy requirements of everyday life in the long term. With this in mind, the benefits of regular movement exercise are clear. THERA-Trainer tigo motivates patients to exercise both sufficiently intensely and sufficiently frequently”.

Hans Lamprecht, physiotherapist

Neurorehabilitation specialist



Effective Safe Intuitive

Regular power, endurance and mobility training facilitates functional recovery and improved motor skills. THERA-Trainer tigo thus enables effective exercise in all phases of rehabilitation and helps therapists and patients achieve their therapy goals.

✓ Active training

Progressive training with variable braking resistance lets patients build up muscle power and endurance.

✓ Assistive training

Activation of residual muscle power through motor assistance. Sensors detect the patient's activity level.

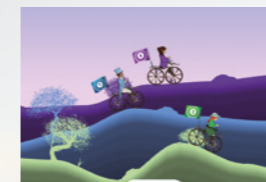
✓ Passive training

Passive mobilisation of muscles and joints for improved mobility. Gentle and safe.

✓ Symmetry training

Targeted activation of the side of the body most in need of exercise, supported by visual feedback.

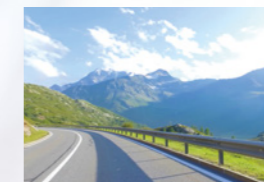
Motivational Software



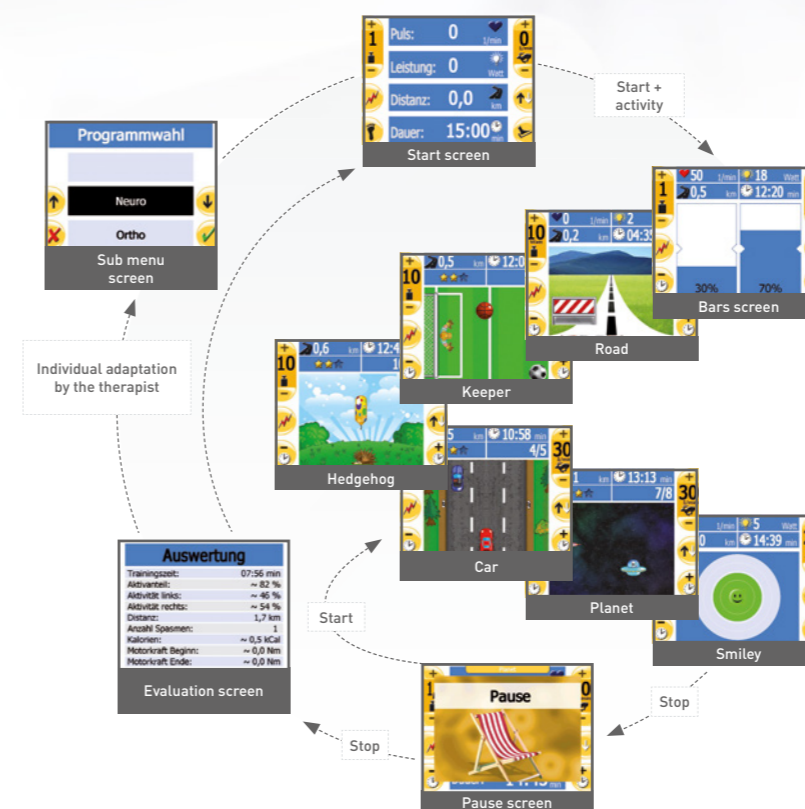
Hill Race



Underwater World



Landscape Tour



THERA-soft®
connectable +

Individual and group therapy* with visual feedback

Encourage the movements necessary for neuroplastic changes in an engaging and entertaining way: THERA-Trainer tigo is the high-end movement exerciser that motivates patients to improve their motor skills.

*7" and 10.4" control units enable group therapy

Optimally secure weakened
or paralysed arms



Screens in various sizes
including symmetry
display available (optional
visual feedback)



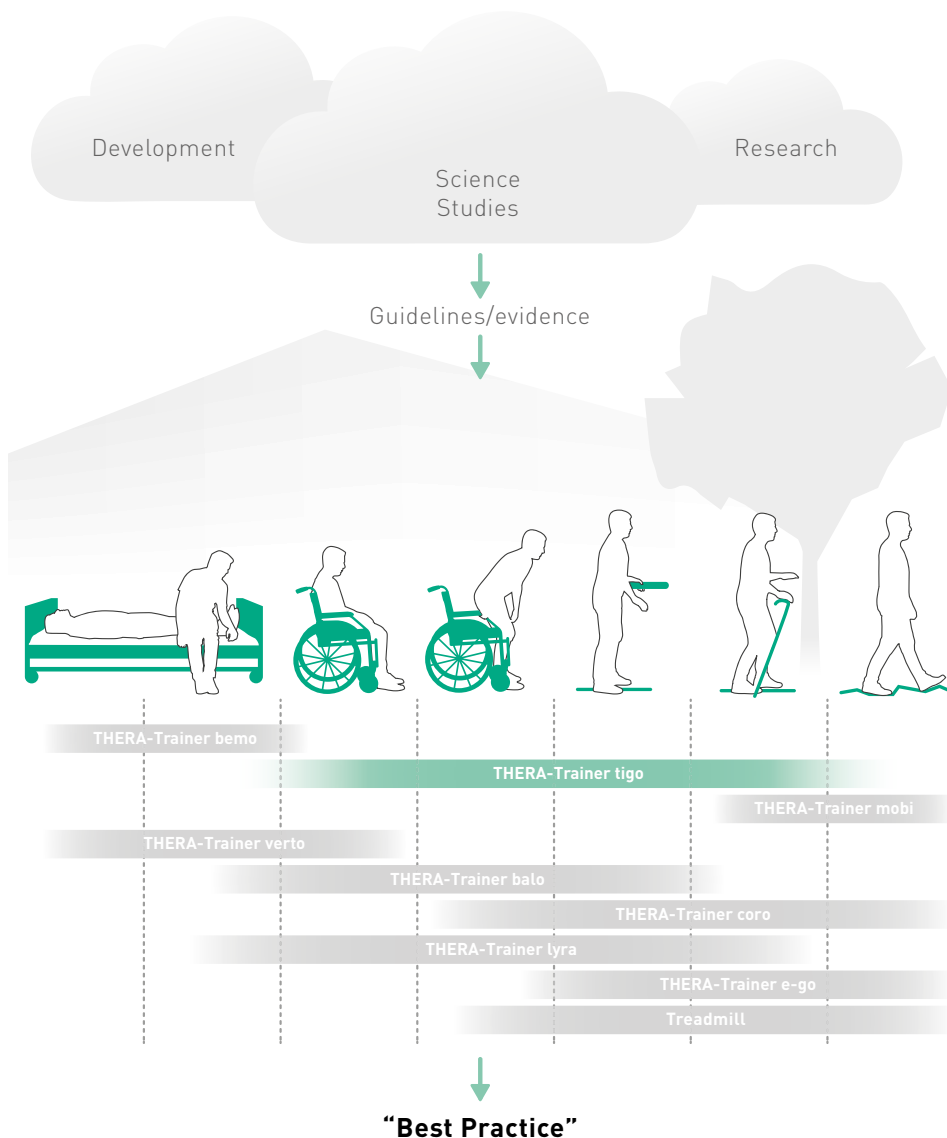
Self-operated
tip-up protection



Easily secure feet and legs –
without causing pressure sores



We offer products and solutions for all phases of rehabilitation and incorporate the latest scientific findings into day-to-day therapy.



Request information now, with no commitment!

Tel +49 7355-93 14-0 | info@thera-trainer.de | www.thera-trainer.de
medica Medizintechnik GmbH | Blumenweg 8 | 88454 Hochdorf | Germany