

## TRAIN POSTURAL CONTROL EFFECTIVELY

Software supported balance training for your daily therapy

### WHAT IS THE MEANING OF POSTURAL CONTROL?

Postural control forms the basis for all the activities of daily life and is the central focus of the rehabilitation.



"Postural control is an essential basic requirement for active participation in daily life – and therefore an integral part of a person's independence and mobility. Successful postural control is influenced by many factors like individual preconditions (motor, sensory, cognitive), environmental factors (e.g. ground conditions) and aspects of the therapy carried out (e.g. anticipative, reactive, dual task, etc.). All these factors should be considered in modern, individual and differentiated therapy."

**Martin Huber** Physiotherapist, MSc



#### Relief for therapists

THERA Trainers relieve therapists in their daily for them to concentrate on the important aspects of the therapy

### EFFECTIVE CONVINCING UNIQUE

Static postural control - Balancing of the body's center of mass over the support surface

**Anticipatory postural control** - Shifting the center of mass away from the body's centre in all directions

**Reactive postural control** - Training the ability to react to unanticipated interruptions

**Dual Task** - Standing under the influence of gravity while simultaneously completing motor and cognitive tasks

Muscle power - Strength training in connection with the training of the postural control as an important aspect of fall prevention

#### Early verticalisation

THERA Trainer verto Mobilisation out of bed or wheelchair in less than three minutes directly into a standing position

### Dynamic, safe training

THERA Trainer balo Safe balance training, also for patients unable

to stand

workload and make it possible

#### Suitable for all patients

THERA Trainers are suitable for all patient groups and enable a safe training in every phase of the rehabilitation in a standing position without additional support

#### Backed-up by evidence

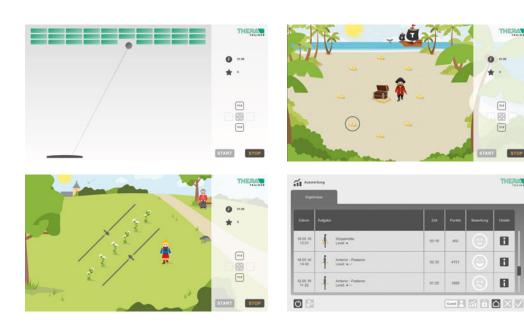
Task oriented training at individual, patient ability levels with external focus, high repetitions and direct feedback

#### Surely the right therapy

THERA Trainers enable unique standing and balance training with exact training control and evaluation

### INTUITIVE MOTIVATING VARIABLE

THERA soft<sup>®</sup> SB basic for standing & balancing



THERA soft enables task oriented training with specific interventions accoring to the latest scientific developments.

With the software, the saving, documentation and evaluation of all training data is possible.

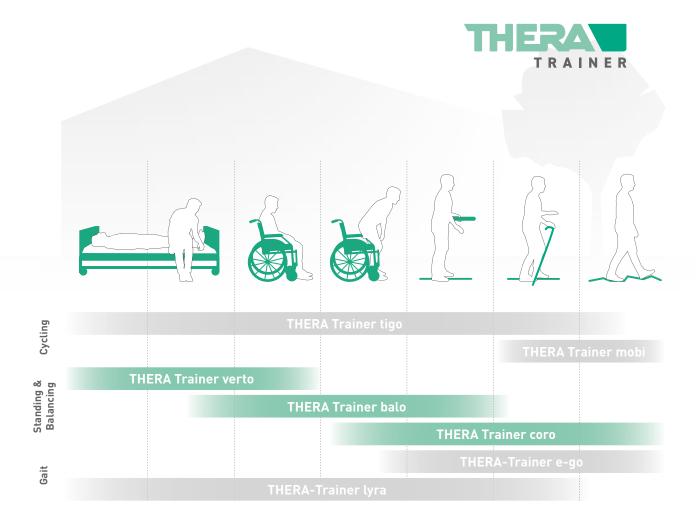
### Maximum freedom – minimal risk

THERA Trainer coro

Fall-safe balance training with maximum freedom of motion

# THE THERA CONCEPT

We offer products and software solutions for all phases of the rehabilitation.



#### Interested? Get now non-binding information!

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