

THERA
TRAINER



CYCLING

THERA-Trainer bemo

The robotic-assisted in-bed cycling trainer for early mobilization in intensive and acute care or dialysis.

L I F E I N M O T I O N

Wake up and move — an award-winning system for safe and easy early mobilization.

Latest research recommends early mobilization from day one, but due to a lack of time and staff, therapy is often not possible, too late, or insufficient. The bemo ensures that patients are able to gain movement efficiently whilst still bed-bound. Training can be active with muscle power, assisted or passive with motor support.

In-bed cycling with the bemo improves strength, cardiovascular fitness and blood circulation — aiming to enhance recovery outcomes and reduce the length of stay in ICU and hospital.



Explore THERA-Trainer bemo
Watch the latest product videos on our website:
www.thera-trainer.com/en/products/bemo



“Early mobilization is essential in intensive care and rehab. In-bed cycling supports neuromuscular recovery, reduces muscle loss, improves circulation and mobility. It’s easy to use, increases treatment time, and patients benefit measurably — including longer walking distances and higher chances of regaining independence.”

Tobias Giebler
State-Registered Physiotherapist, University Clinic, Tübingen



With THERA-soft motivational scenic video routes, goal-oriented gamification and documentation



Smooth transition from passive support for the weakest patients to active input and powerful enough for larger patients up to 396 lb



High-tech safety with audio-visual signalization to monitor patients

Electric height-adjustment and optical positioning aid

Patented smart electronic crank system with shielded design for safety and easy disinfection

Effortless mobility with stable, wide base design



Quick and easy setup
In less than 2 minutes, with electric portal height adjustment and accessory mounting with one click.



Intuitive control
Important training parameters such as speed, resistance and duration can be adjusted individually at any time.



Mobile use concept
Can be wheeled from bed to bed, with direct access over the foot end (no patient transfer required).

Your individual solution

THERA-Trainer complete solutions are the consistent implementation of evidence-based, clinically proven rehabilitation pathways, using advanced robotic-assisted technology.

We will help you to find the perfect combination of our THERA-Trainer products for your requirements, whether you work in acute care, rehabilitation, inpatient or outpatient care or any other setting.

- ✓ More therapy time per patient without extra staff
- ✓ Increased therapy intensity as a basis for better outcomes
- ✓ Improved cost efficiency through optimised resource allocation

Get in touch

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100.000+
Installed devices

35+
Years of experience

70+
International partners

Safe, easy, effective and affordable.



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